

Everything You Need to Know About Dermaplaning

The new way to exfoliate your face.

Instead of waxing, tweezing, and Nair-ing do dermaplaning.

Dermaplaning is a skin care treatment that removes dead skin cells and vellus hair, aka peach fuzz. An aesthetician uses a small, sterile blade while holding the skin taut, swiping the blade in gentle upward motions.

The treatment is painless. It feels quite relaxing, actually, like little baby hands running across your face.

Dermaplaning leaves your skin brighter, smoother, glowing, and more youthful. The only people who can't dermaplane are those with active pustular acne.

Here we break down everything there is to know about dermaplaning.

Dermaplaning goes beyond a basic shave

The procedure involves the use of a 10-inch scalpel, which curves into a sharp point. The blade is used on clean, dry skin on the forehead, cheeks, chin, and neck. You can expect to see an instant improvement in skin texture and tone, during said procedure there is typically 2-3 weeks' worth of dead skin cells removed and you can safely have this procedure repeated every 2-4 weeks. The long-term effects are increased cell turnover, fewer wrinkles and dark spots, reduction of acne scarring, and the removal of fine facial hair.

Hairless skin is the cleanest

Removing the peach fuzz is beneficial since the fine hairs trap debris and oils and give skin a dull look. After dermaplaning, skin care products and treatments perform much more efficiently since they can penetrate the skin more easily. Your makeup goes on smoother. It is the perfect procedure to begin stacking other treatments, like our Chemical Peel, Derasound, and our LED mask. Mention that you saw this in our newsletter and receive a complimentary dermaplaning with our Derasound or our LED treatment!